Rnd	Date	Day	Time	Game	Venue	Broadcast
1	June 29	Wednesday	7:00pm	Mainland Pouākai vs Southern Hoiho	Cowles Stadium	SKY SPORT
	July 2	Saturday	3:00pm	Tokomanawa Queens vs Mid-North Whai	Te Rauparaha Arena	SKY SPORT
	July 3	Sunday	12:30pm	Southern Hoiho vs Northern Kāhu (DH)	Edgar Centre	SKY SPORT
	July 4	Monday	7:00pm	Northern Kāhu vs Tokomanawa Queens	Franklin Pool & Leisure Centre	SKY SPORT
	July 5	Tuesday	7:00pm	Mid-North Whai vs Mainland Pouākai	Queen Elizabeth Youth Centre	SKY SPORT
2	July 8	Friday	7:30pm	Southern Hoiho vs Mid-North Whai	Queenstown Events Centre	SKY SPORT
	July 9	Saturday	5:00pm	Mainland Pouākai vs Northern Kāhu (DH)	Trafalgar Centre	SKY SPORT
	July 10	Sunday	12:30pm	Tokomanawa Queen vs Southern Hoiho (DH)	TSB Bank Arena	SKY SPORT
	July 12	Tuesday	7:00pm	Mainland Pouākai vs Tokomanawa Queens	Cowles Stadium	SKY SPORT
	July 13	Wednesday	7:00pm	Northern Kāhu vs Mid-North Whai	Eventfinda Stadium	SKY SPORT
3	July 14	Thursday	5:00pm	Tokomanawa Queens vs Mainland Pouākai (DH)	TSB Bank Arena	SKY SPORT
	July 15	Friday	5:00pm	Northern Kāhu vs Southern Hoiho (DH)	Eventfinda Stadium	SKY SPORT
	July 17	Sunday	12:30pm	Mainland Pouākai vs Mid-North Whai (DH)	Cowles Stadium	SKY SPORT
	July 19	Tuesday	7:00pm	Mid-North Whai vs Northern Kāhu	Queen Elizabeth Youth Centre	SKY SPORT
	July 20	Wednesday	7:00pm	Southern Hoiho vs Tokomanawa Queens	Edgar Centre	SKY SPORT
4	July 23	Saturday	3:00pm	Mainland Pouākai vs Northern Kāhu (DH)	Christchurch Arena	SKY SPORT
	July 24	Sunday	12:30pm	Southern Hoiho vs Mid-North Whai (DH)	Edgar Centre	SKY SPORT
	July 25	Monday	7:00pm	Tokomanawa Queens vs Mid-North Whai	Te Rauparaha Arena	SKY SPORT
	July 26	Tuesday	7:00pm	Northern Kāhu vs Southern Hoiho	Eventfinda Stadium	SKY SPORT
5	July 30	Saturday	5:00pm	Mainland Pouākai vs Tokomanawa Queens (DH)	Cowles Stadium	SKY SPORT
	July 31	Sunday	2:30pm	Mid-North Whai vs Northern Kāhu	Queen Elizabeth Youth Centre	SKY SPORT
	August 1	Monday	7:00pm	Southern Hoiho vs Mainland Pouākai	Queenstown Events Centre	SKY SPORT
	August 3	Wednesday	7:00pm	Tokomanawa Queens vs Southern Hoiho	Te Rauparaha Arena	SKY SPORT
6	August 6	Saturday	5:00pm	Northern Kāhu vs Tokomanawa Queens (DH)	Eventfinda Stadium	SKY SPORT
	August 7	Sunday	12:30pm	Southern Hoiho vs Mainland Pouākai (DH)	Edgar Centre	SKY SPORT
	August 7	Sunday	5:30pm	Mid-North Whai vs Tokomanawa Queens	Silver Fern Farms Events Centre	SKY SPORT
7	August 18	Thursday	7:00pm	Tokomanawa Queens vs Northern Kāhu	Te Rauparaha Arena	SKY SPORT
	August 19	Friday	7:30pm	Mid-North Whai vs Mainland Pouākai	Queen Elizabeth Youth Centre	SKY SPORT
	August 21	Sunday	3:00pm	Mid-North Whai vs Southern Hoiho	Queen Elizabeth Youth Centre	SKY SPORT
	August 21	Sunday	5:00pm	Northern Kāhu vs Mainland Pouākai	Eventfinda Stadium	SKY SPORT
8	August 26	Friday	6:00pm	1st vs 4th	Trafalgar Centre	SKY SPORT
	August 26	Friday	8:00pm	2nd vs 3rd	Trafalgar Centre	SKY SPORT
	August 27	Saturday	7:30pm	Grand Final	Trafalgar Centre	SKY SPORT

(DH) = Double Header with the Sal's NBL

Playing Venue	Address	Playing Venue	Address
Cowles Stadium	210-220 Pages Rd, Christchurch	Queenstown Events Centre	33 Joe O'Connell Dr, Queenstown
Edgar Centre	116 Portsmouth Dr, Dunedin	Silver Fern Farms Events Centre	44 Stanley Avenue, Te Aroha
Eventfinda Stadium	17 Silverfield Ln, Auckland	Te Rauparaha Arena	17 Parumoana St, Porirua
Franklin Pool & Leisure Arena	29 Franklin Rd, Pukekohe	Trafalgar Centre	13 Paru Paru Rd, Nelson
Queen Elizabeth Youth Centre	71 Eleventh Ave, Tauranga	TSB Arena	4 Queens Wharf, Wellington